

## Healthy Solutions Promotional Plan05

### Jan05

Smoking Cessation

Detox

### Feb05

Head Lice/Worms

Healthy Eyes

Digestive Health

### Mar05

Headache & Migraine

Coeliac Disease

Seniors Health

First Aid/  
Sports Medicine

### Apr05

Arthritis

Ear Health

Adolescent Health

Skin Care

### May05

Heart Health Star Day

Baby

Vitamins &  
Nutrition

Australia's  
Biggest Morning  
Tea

### Jun05

Cold & Flu Red Nose Day

Crohns &  
Colitis

Back Care

Hair Care

### Jul05

Cold & Flu

Diabetes

Pain Relief/Medication  
Management

Complementary Health

### Aug05

Continence Jeans for  
Genes Day

Osteoporosis/  
Healthy Bones Daffodil Day

Men's Health

### Sep05

Asthma Whats the  
Buzz Day

Hayfever/Allergy

Dementia

Carer Awareness

### Oct05

Sleep/Insomnia Pink Ribbon  
Day

Foot Health

School Formals

Healthy Weight  
Management

### Nov05

Suncare/Skin  
Cancer

Travel Health

### Dec05

Indigestion/  
Overindulgence

Drugs & Alcohol